

ATTENTION ALL JUNIOR HOCKEY COACHES

Hockey NSW in conjunction with Hockey Newcastle Men's & Women's will be holding a coach the coach session.

The session will include the following.

Whiteboard

- Attacking and Defensive Principles for younger age groups.
- Planning a training session.
- Simple training aids.
- U9 expectations, U11 expectations, U13 expectation.

Practical

- Delivery of core basic skills.
- Setting up a training session.
- Finer technique points.

Looking forward to seeing you there!

WHERE: Newcastle Hockey Centre

WHEN: Tuesday 24th of March

TIME: 7:00 to 8:30pm

COST: Gold Coin Donation (for Pitch hire)