



# **LEVEL 1 COACH COURSE**

**NEWCASTLE HOCKEY CENTRE**  
**TURTON RD, BROADMEADOW**  
**SATURDAY 28TH OF MAY 2016**  
**10:00AM TO 12:00NOON**

## **Who should do this course?**

- Anyone that is coaching club or representative hockey
- Parents/Players wanting to know more about the game
- Anyone interested in becoming a casual coach for Hockey NSW

## **The course will consist of:**

- 45m power point presentation and question time – Part A
- 30m practical session for the coaches (bring your stick) – Part B
- 45m 'Teaching skills' and 'conducting' a training exercise – Part C

## **What will be presented?**

**Part A:** This is the theory element of your Level 1 and will run through the theory component of the nationally recognised HockeyEd Level 1 Coach accreditation. The workshop will then focus on contemporary hockey coaching and the specific differences between coaching now and in the past, regarding player movement and ball movement in the various sections of the field. Also covered in the workshop will be playing formations, outletting options, midfield passing and circle penetrations. This will provide insight into how hockey is being played at the elite level. There will also be a basic skill component.

**Part B/C:** This is the practical element of your Level 1. Assessments for this accreditation will take place on the field or, if required, at another time that suits both assessor and coach. Part B will focus on the basic skills of hockey and how we teach players a new skill. Part C is the assessment, where the coach will be assessed by running a session focused on a specific skill.

## **COST**

- FREE to attend the face-to-face course
- \$40 to be paid online to Hockey Australia

To fully complete your Level 1 Coach HockeyEd accreditation, you will need to complete the online component, found here: <http://hockeyed.hockey.org.au>

## **REGISTER**

Please register your interest to attend this course by emailing [greg.d@hockeynsw.com.au](mailto:greg.d@hockeynsw.com.au) **by the 25th May**. If you have any questions, please contact Greg Doolan, Hockey NSW Regional Coaching Coordinator – Hunter

**CONTACT:** Greg Doolan

**e:** [greg.d@hockeynsw.com.au](mailto:greg.d@hockeynsw.com.au)

**p:** 0419 258463